

A vibrant summer-themed graphic with a blue sky, a yellow sun, palm trees, a sailboat, and a beach. The text 'Summer 2024' is prominently displayed in the upper center.

Summer 2024

Submitted by

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Hello, Summer 2024!

No More Canteen Cuties

Pauline has retired from running the Canteen Cuties along with her daughter Heather.

Heather Bouffard and Kimberly Ciarciello were the Canteen Cuties. They made cookies, muffins, and lunches such as sandwiches, salads, etc. with the help of Pauline and Mardi who were the staff.

Kimberly ran the cash register and Heather did customer service. They sold the food from their food truck.

Then Kimmie decided she needed a change, and left the Canteen Cuties to return to the program area. It was just Pauline and Heather working together.

We miss the Canteen Cuties and the great food that they provided to everyone.



Arc Run 2024!

Our 9th Annual Arc Run and Walk!

Saturday, October 5th 2024

From 9:00 am.- noon

MidState Arc will be hosting its 5k and 10k run.

Walking is also an option in the 5k.

It starts and ends at 200 Research Parkway.

There will be cash prizes
for the top finishers and raffle prizes.

Come out and support individuals
with intellectual disabilities.

Working Together for the Better

A meeting was held at MidState Arc on
Friday, August 16, 2024.

Cheryl Ellis and her co-worker Jessica from DDS came to ask us how they could improve their services. Cheryl is the Director of Diversity Equity and Inclusion.

Diversity Equity and inclusion means???

Organizations use a concept and practice to recognize and value differences, ensure fair opportunities, and create a welcoming and respectful environment.

They talked about taking the bus and about technology and how it could help individuals with disabilities in their homes or at work. I spoke about how I learned how to take the bus and how I use technology to help me become more independent without staff being present.



Project Search

Project Search is designed as a combined education and work program that prepares individuals for competitive employment.

Laurie will be taking 5 individuals from the GSE program. They will be interns at Masonic Care in Wallingford in the housekeeping department, laundry, and dietary departments and will be learning new skills and how that department runs.

They will all have a chance to be in each department rotating every 3 months. These essential job specifics and employability skills are needed to gain and maintain meaningful employment that leads to productive lives and integration into an adult work environment.

The goal is for each intern to be competitively employed by the end of the year.

